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Managing the Stress of Infertility: How to Balance Your Emotions, Get the Support You Need, and Deal with Painful Social Situations When You're Trying to Become Pregnant (Paperback)

By Carol Fulwiler Jones Ma

Carol Fulwiler Jones, United States, 2013. Paperback. Book Condition: New. 212 x 138 mm. Language: English . Brand New Book ***** Print on Demand *****.Are You In Treatment For Infertility? Do you get upset when you attend baby showers or go to malls full of baby strollers and pregnant women? Do you feel like crying when friends or family ask a question like, Are you still trying to get pregnant? Do you wish your husband would be more supportive and take a more active role in your fertility and conception treatments? Are you spending too much time worrying about becoming pregnant? Do you feel like your body has betrayed you every time you start your period? Do you feel helpless, powerless, and out of control? This Book Will Help You: Manage Your Emotions Get Your Husband To Be More Supportive And Involved Deal With Painful Social Situations Ease Your Frustrations Regain A Sense Of Control A Personal Note From The Author: This book blends 20 years of my experience as a psychotherapist counseling hundreds of women trying to get pregnant, with my own personal experiences as a woman who sought infertility treatments. I know the emotions around trying to conceive...



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Reviews

Here is the finest publication we have read right up until now. It is actually written in easy words instead of difficult to understand. Its been written in a remarkably easy way in fact it is only right after i finished reading this book in which basically changed me, modify the way i really believe.

-- Prof. Vanessa Smitham V

Simply no terms to explain. I am quite late in start reading this one, but better then never. Its been written in a remarkably easy way and is particularly merely soon after i finished reading this book where basically changed me, affect the way i really believe.

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