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## 23 Anti-Procrastination Habits How to Stop Being Lazy and Get Results in Your Life

By S. J. Scott

CreateSpace Independent Publishing Platform. Paperback. Book Condition: New. This item is printed on demand. Paperback. 114 pages. Dimensions: 8.8in. x 5.9in. x 0.5in. LEARN: : How to Stop Procrastinating and Forever Eliminate Your Lazy Habits Do you struggle with completing projects or specific tasks Wed all like to get things done and become more productive. But what often happens is we put off important tasks and let them slip through the cracks. The end result We get overwhelmed by the amount of things to do. In other words, procrastination causes you to feel stressed when youre not completing tasks in a systematic manner. The solution is simple: Develop an anti-procrastination mindset where you take action on a daily basis and NEVER get overwhelmed by your to-do list. RIGHT NOW: : Develop Anti-Procrastination Habits to Get Immediate Results Its not that hard to stop procrastinating. Really, all you have to do is form the same habits used by countless successful people and make them part of your routine. While these people often have the same fears and limitations as you, theyre able to take consistent action because theyve trained themselves to do so. In the book 23 Anti-Procrastination Habits, you will discover...



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