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Canning, Preserving, Pickling and Fruit Desserts (Classic Reprint) (Paperback)

By Jeanette C Slade

Forgotten Books, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Excerpt from Canning, Preserving, Pickling and Fruit Desserts In the season when fruit and vegetables are plentiful, canning and preserving should form an important branch of work in the home activities, and every energetic and thrifty housewife should take the opportunity of bottling or putting up in tins a good supply for winter use. It would be especially helpful to the farmer s wife to have her pantry well stocked with canned foods of all kinds, as she would be spared many an embarrassing moment should unexpected guests arrive. Further, it should be remembered that fruit and vegetables are of very high dietetic value, and contain mineral matter in the form of phosphates of lime, iron, potassium, and other salts which are very necessary in keeping the blood in good and healthy condition. It is a recognised fact that our South African women excel in the canning and preserving of fruit - a fact which is well illustrated by the fine exhibits at the annual Agricultural Shows - but as yet the canning of vegetables has been...



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Reviews

Simply no phrases to clarify. It is really basic but surprises from the 50 percent of the ebook. Once you begin to read the book, it is extremely difficult to leave it before concluding.

-- **Mr. Noah Cummerata IV**

This ebook may be worth a read, and far better than other. It is among the most incredible ebook i have read. You will like the way the article writer publish this publication.

-- **Candace Raynor**