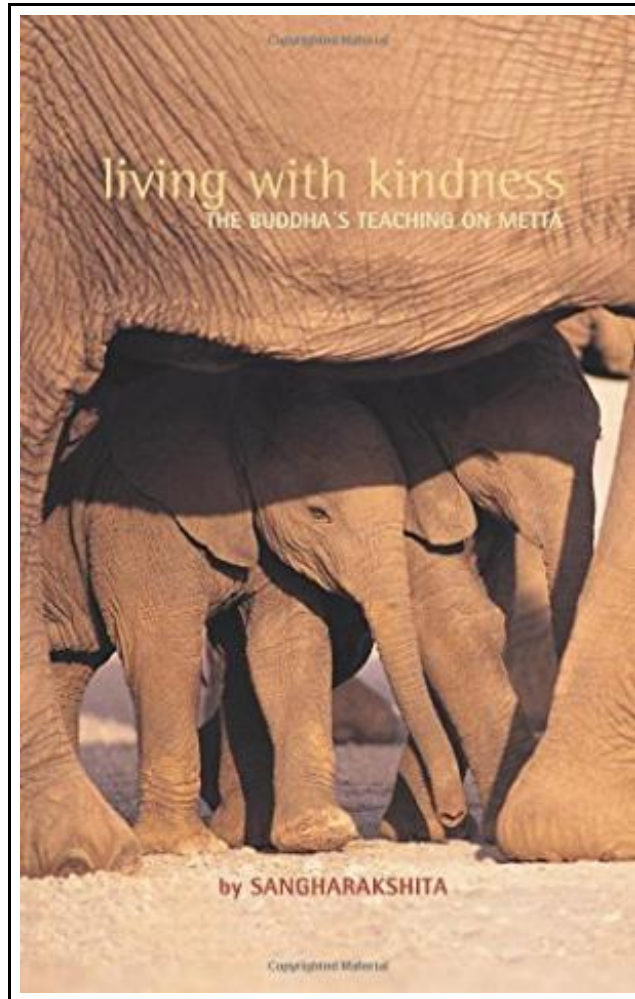


## Living with Kindness: The Buddha's Teaching on Metta



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## LIVING WITH KINDNESS: THE BUDDHA'S TEACHING ON METTA



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