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Diabetes Nutrition Q and A for Health Professionals: 101 Essential Questions Answered by Export

By L.C. Pastors, Marilyn Arnold, Anne Daly

Viva Books Private Limited, 2006. Softcover. Book Condition: New. What's the number 1 topic on the minds of our patients with diabetes? Food. From diagnosis on, they look to us for advice on what to eat, when to eat, and how to eat the foods they love. Now you can have the most reliable source for that information right at your side. For example, get the facts on Omega-3 fatty acids and nutritional supplements: Are food sources superior to supplements? Sugar: Can any food be worked into a diabetes meal plan? Snacks: Who needs them, when and why? Glycerine index: Will using it improve glucose control? Protein restriction: Does it protect renal function? Weight loss: What's more effective, diet or exercise? Diabetes Nutrition Q & A for Health Professionals will provide answers to the most puzzling, complicated and vital questions concerning food and diabetes. The nearly 250 references reveal the breadth of the literature search these five diabetes experts have done for you. Contents: Medical nutrition therapy goals ? Medical nutrition therapy outcomes ? Nutrient recommendations ? Carbohydrate ? Protein ? Fat ? Alcohol ? Supplements ? Sodium ? Nutrition assessment ? Patient education goal setting ? Educational intervention ?...



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