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## Leaders: Get Up Off the Canvas

By Mary Holt Ashley PhD RN

Xlibris Corporation. Paperback. Book Condition: New.

Paperback. 176 pages. Dimensions: 8.8in. x 5.9in. x 0.5in. Get Up off the Canvas is a sage advice from a boxing aficionado who is confident that that's the only way to survive and thrive in life and in business. She coaches you to stand tall and self-assured, brush yourself off, stay in the game, and above all, persist and don't ever give up on dreams and goals. Mary Holt Ashley knows well what she writes. Take it from a respected and honored leader in the nursing, hospital, and health care spectrum. Through the civil rights movement, enduring childhood poverty, she persevered to get a quality education, studying and achieving, from associate degree beginnings, pushing all the way to full doctorate status, advancing through every facet of the health care community. Her insight is invaluable for everyone who wishes to succeed in their career endeavors, no matter the employment path they have chosen, and to make something joyous and positive of their life experiences. Boxing, the ultimate contact sport and Dr. Ashley's favorite TV viewing spectacle, is the perfect metaphor for life, leadership skills and staying in the ring and going the twelve rounds. She...



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